



Durham
(919) 484-9199

8200 Renaissance Pkwy #1017

****Class Schedule Effective June 20th, 2016**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30-5:15P	**FORMS** Yellow Stripe Belt & Up	4:15 - 4:45 Tiger Tots (Ages 3-5)	4:45 - 5:15 Tiger Tots (Ages 3-5)			10:00 AM – 10:45 AM WHITE BELTS & YELLOW BELTS
5:15-6:00p	White Belts & Yellow Belts	4:45- 5:30 Yellow Belts & Green Belts	BLUE BELT & UP	5:30 - 6:00 Tiger Tots (Ages 3-5)	Board Breaking All Belts	10:45 AM – 11:15 AM TIGER TOTS (Ages 3-5)
6:00-6:45p	**FORMS** Green Stripe Belt & Up	5:30 – 6:15 WHITE BELTS	WHITE BELTS	YELLOW BELTS & GREEN BELTS	Sparring All Belts <small>*Must have sparring gear!</small>	
6:45-7:30p	Demo Team	6:15 – 7:00 Blue Belt & Up	YELLOW BELTS & GREEN BELTS	WHITE BELTS	BBP Advance/ Leadehrship <small>*BBP Members ONLY*</small>	11:15 AM – 12:00 PM GREEN STRIPE BELT & UP
7:30-8:15p	BBP Advanced Basic Kicks <small>*BBP Members ONLY*</small>	7:00 – 7:45 BBP Advance/Leadership <small>*BBP Members ONLY*</small>	BBP Advanced Forms <small>*BBP Members ONLY*</small>	BLUE BELT & UP		

Important Information:

- We will be closed when Public School is closed due to inclement weather
- Please make appointments for Birthday Parties, Private Lessons, and Introductory Lessons
- Please notify the office if you will not attend class for a week or more Students are ready to test for the next belt upon earning all stripes associated with current belt level. Stripe system is posted near the office. Classes are not held on testing or ceremony days.
- During Sparring Class and Sparring Testing, protective gear is mandatory for safety!