



Durham

(919) 484-9199

8200 Renaissance Pkwy #1017

****Class Schedule Effective January 1st, 2017****

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------------|--|---|--|--|--|---|
| 4:30 – 5:15P | **FORMS** Yellow Stripe Belt & Up | 4:15 - 4:45 Tiger Tots (Ages 3-5) | 4:45 - 5:15 Tiger Tots (Ages 3-5) | | | 10:00 AM – 10:45 AM WHITE BELTS & YELLOW BELTS |
| 5:15 – 6:00p | White Belts & Yellow Belts | 4:45- 5:30 Yellow Belts & Green Belts | BLUE BELT & UP | 5:30 - 6:00 Tiger Tots (Ages 3-5) | Board Breaking All Belts | 10:45 AM – 11:15 AM TIGER TOTS (Ages 3-5) |
| 6:00 – 6:45p | **FORMS** Green Stripe Belt & Up | 5:30 – 6:15 WHITE BELTS | WHITE BELTS | MASTER PROGRAM SWORD (KUMDO) | Sparring All Belts <small>*Must have sparring gear!</small> | |
| 6:45 – 7:30p | Demo Team | 6:15 – 7:00 Blue Belt & Up | YELLOW BELTS & GREEN BELTS | White & Yellow Belts | <i>BBP Advance/ Leadehrship</i> <small>*BBP Members ONLY*</small> | 11:15 AM – 12:00 PM GREEN STRIPE BELT & UP |
| 7:30 – 8:15p | <i>BBP Advanced Basic Kicks</i> <small>*BBP Members ONLY*</small> | 7:00 – 7:45 BBP Advance/Leadership <small>*BBP Members ONLY*</small> | <i>BBP Advanced Forms</i> <small>*BBP Members ONLY*</small> | GREEN BELT & UP | | |

Important Information:

We will be closed when Public School is closed due to inclement weather

Please make appointments for Birthday Parties, Private Lessons, and Introductory Lessons

Please notify the office if you will not attend class for a week or more Students are ready to test for the next belt upon earning all stripes associated with current belt level. Stripe system is posted near the office. Classes are not held on testing or ceremony days.

During Sparring Class and Sparring Testing, protective gear is mandatory for safety!

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